



Safety & Conduct

Eye & ear protection

Cold range

Safety areas – NO AMMO

Case/Open Bolt Indicator. Carry between stages.

Muzzle discipline (The Four Rules)

1:1 range officer supervision of competitor

Load only under direct RO supervision

Follow directions immediately

Range commands

DQ for safety violations

Unsafe ammo

180° rule, sweeping

AD/finger in trigger guard

Unsafe gun handling/dropped gun

Unsafe abandonment

REMEMBER: Sportsmanship

Your Equipment

You can be competitive with virtually any semi-automatic centerfire pistol.

Useful accessories

- Sturdy belt

- Pistol belt holster (retention)

- Magazine pouches

Tactical equipment is workable but not necessarily optimal

For Any Event Where Shooting Is Conducted Forward Of The Shooting Stalls

- Participants will be disqualified for safety and asked to leave the range for any violation of the following Safety Criteria:
 - Unsafe Ammunition (reloads)
 - Unsafe Gun Handling/ Handling guns behind the firing line
 - Failure to maintain 180deg Rule / Muzzle Discipline
 - Finger in trigger guard/on trigger when not shooting
 - Failure to utilise the safety devices fitted to your pistol when drawing or reholstering